



2022-2023 Voyager Academy COVID-19 and Sick Child Guidelines

Below is the **list of possible COVID symptoms as defined by the CDC and NCDHHS:**

- temperature above 100.4F**
- cough
- headache
- sore throat
- congestion or runny nose
- fatigue, muscle or body aches
- nausea or vomiting**
- diarrhea**
- shortness of breath or difficulty breathing
- new loss of taste or smell

My student has one of more of these symptoms, now what?

- If a student has any of the symptoms listed above, COVID-19 TESTING IS HIGHLY RECOMMENDED.
- A student may attend school if they have symptoms** as long as:
 - they WEAR A MASK AT ALL TIMES AND
 - they feel well enough to attend school and symptoms are not interfering with the student's ability to learn and participate in the school day

****If a student has symptoms that include a fever (temperature above 100.4F), vomiting, or diarrhea the student MUST remain home until they have been fever, vomiting or diarrhea free without medication for AT LEAST 36 hours, regardless of COVID-19 test results, per the Voyager Academy Parent Handbook.**

- If a student receives a negative PCR test result after their symptoms began, the student will no longer need to wear a mask at school while they have symptoms.
- If a student has any of these symptoms **DURING the school day**, the parent will be notified and the student MUST wear a mask for the remainder of the school day or may be sent home.

When can my student come back to school?

Scenario	Criteria to return to school
Person has <i>symptoms that include</i> (1) or more of the following: <ul style="list-style-type: none"> • fever over 100.4F • vomiting • diarrhea 	PERSON SHOULD GET TESTED FOR COVID-19 Person may return to school when: - they have been fever/vomiting/diarrhea free without medication for at least 36 hours <u>AND</u> - they must wear a mask at all times while they have any other symptoms from the list above.
Person has <i>symptoms of COVID-19</i> but has not received a PCR test result nor has visited a health care provider.	PERSON SHOULD GET TESTED COVID-19 Person may return to school when:

	<ul style="list-style-type: none"> - it has been at least 36 hours since the person had a fever/vomiting/diarrhea (if applicable) <u>AND</u> - they feel well enough to attend and participate in school. - they MUST wear a mask at all times while they have symptoms from the list above.
Person has <i>symptoms of COVID-19</i> , but has received a negative PCR test result .	<p style="text-align: center;">Person may return to school when:</p> <ul style="list-style-type: none"> - it has been at least 36 hours since the person had a fever/vomiting/diarrhea (if applicable) <u>AND</u> - they feel well enough to attend and participate in school. * the person is not required to wear a mask if a negative PCR COVID test result is provided.
Person has an alternate diagnosis that would explain the symptoms of COVID-19	<p style="text-align: center;">Person may return to school when:</p> <ul style="list-style-type: none"> - a doctor's note explaining the diagnosis is provided to the school.
Person has tested positive on an at-home rapid antigen or PCR test , but the person does not have symptoms.	<p style="text-align: center;">Person may return to school when:</p> <ul style="list-style-type: none"> - Person may return to school 5 days* after their positive test. - Person <u>MUST</u> wear a mask indoors and outdoors and avoid eating around others for an additional 5 days. - Person is not required to have documentation of a negative COVID test in order to return to school after the 5th day.
Person has <i>symptoms of COVID-19</i> <u>and</u> has tested positive on an at-home rapid antigen or PCR test .	<p style="text-align: center;">Person may return to school when:</p> <ul style="list-style-type: none"> - It has been 5 days* since the first day of symptoms <u>AND</u> - it has been at least 36 hours since the person had a fever/vomiting/diarrhea (if applicable) <u>AND</u> they feel well enough to attend school. - Person <u>MUST</u> wear a mask indoors and outdoors and avoid eating around others for an additional 5 days. - Person is not required to have documentation of a negative COVID test in order to return to school.

*Day 0 is the day the person started feeling symptoms or the day of the positive COVID test result, whichever happened first. The 5-day isolation period begins on the day AFTER Day 0 AND includes the 5th day. The CDC's Quarantine and Isolation period calculator can be found here: <https://www.cdc.gov/coronavirus/2019-ncov/your-health/quarantine-isolation.html#>

Who do I notify about my student's symptoms/test results:

- For **symptom updates and/or to report COVID test results**, please email:
 - your student's homebase teacher
 - the school nurse, Mrs. Skoff cskoff@voyageracademy.net
 - the front office administrative assistant
- For **daily attendance, school assignments, and homework**,
 - please email your child's teacher(s) each day while your child is home with symptoms, awaiting results, or completing their isolation period.

Where can I find COVID-19 tests?

- Free At-home Test Pick-Up Locations: <https://covid19.ncdhhs.gov/PickUpTests>
- Free On-Site Testing Locations: <https://covid19.ncdhhs.gov/about-covid-19/testing/find-my-testing-place/no-cost-community-testing-events>
- Retail COVID-19 Testing Locations: <https://covid19.ncdhhs.gov/testing-treatment/find-covid-19-tests/find-covid-19-testing-site>